



Meade County RECC

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FOR IMMEDIATE RELEASE

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Energy Saving Can Protect Grid During Weather Extremes

Meade County RECC members can help to protect the power grid by incorporating energy-saving tips during extended heat waves. This week's near-100-degree temperatures will strain this region's power grid, particularly as the heat in Kentucky and the Midwest continues to rise on Thursday (8/24). The power you use at your home or business is generated and delivered at the time you use it. When electricity usage spikes regionally during extreme weather, the risk that there may not be enough power for everyone increases.

While there is currently no energy shortage emergency, members can take steps to cut their electricity usage and save money during the hottest afternoon hours, Wednesday (8/23) through Friday (8/25).

Tips to conserve energy include:

- Raise your thermostat by a couple of degrees and use fans to help maintain comfort.
- Keep windows and doors tight to preserve air conditioning in your home.
- Use shades and curtains to block sunlight and keep your home cool.
- Reduce the use of large home appliances during the hottest hours. For example, run full loads in the washing machine and dishwasher later at night.
- Choose cooking methods that limit an increase in heat in your home.
- Avoid charging your electric vehicle during the hottest parts of the day.
- Unplug appliances when not in use.

Stay up-to-date on changing conditions by following Meade County RECC's website and social media channels. If an electricity shortage were to occur, members could be asked to conserve energy immediately. Quickly following alerts and cutting electricity use could prevent the need for temporary power outages.

Meade County Rural Electric Cooperative Corporation (Meade County RECC) is an electric distribution cooperative headquartered in Brandenburg, Kentucky. Meade County RECC is a not-for-profit electric cooperative that is owned by more than 31,000 member-consumers in Breckinridge, Meade, Ohio, Grayson, Hardin and Hancock counties.

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